

# **COVID-19 SAFETY PLAN**

## Newcastle Hunter Dragon Boat Club

Club	Newcastle Hunter Dragon Boat Club	
Ground Location	Throsby Creek, Carrington	
Club Facility Location	34 Tully Street, Carrington NSW 2294	
Club President	Natalie Perfrement	
Contact Email	secretary.nhdbc@gmail.com	
Contact Mobile Number	0428 195 117	
Version	1	
Annie Boehm – COVID Safety Officer (NHDBC) is responsible for this document		

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### 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures set by Newcastle Hunter Dragon Boat Club (The Club or NHDBC), to support The Club and its members in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families, shared facility users, and the broader community. The Plan provides the framework to govern the general operation of the Newcastle Hunter Dragon Boat Club, any facilities it controls, the training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Newcastle Hunter Dragon Boat Club facilities and liaison with the Newcastle Rowing Club around shared facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management, including shared facilities with Newcastle Rowing Club, and their supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

### 2. Key Principles

This Plan is based on, and accepts, the AIS <u>Framework for Rebooting Sport in a COVID-19 Environment</u> (AIS Framework) and the <u>National Principles for the Resumption of Sport and Recreation Activities</u> (National Principles).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families, shared facility users, and the broader community need to be engaged and briefed on Newcastle Hunter Dragon Boat Club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19. This includes coordination with other users of joint use facility;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Newcastle Hunter Dragon Boat Club must consider and apply all applicable State and Territory Government and local restrictions and regulations. Newcastle Hunter Dragon Boat Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

### 3. Responsibilities under this Plan

Newcastle Hunter Dragon Boat Club Inc retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Board of Management of Newcastle Hunter Dragon Boat Club is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Board has appointed the following person as the Newcastle Hunter Dragon Boat Club COVID-19 Safety Coordinator to execute the delivery of the Return to Paddle Plan and to act as a point of contact for information relating to this Plan:

Name	Annie Boehm – COVID Safety Officer (NHDBC)	
Contact Email	aboehmpsych@gmail.com	
Contact Number	0434 523 068	

Newcastle Hunter Dragon Boat Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time:
- Comply with any testing and precautionary measures implemented by DBNSW and the Newcastle Hunter Dragon Boat Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 4. Return to Sport Arrangements

As at the date of this Plan, the members of this Club are NOT training at Level A of the AIS Framework. The Plan outlines specific sport requirements that Newcastle Hunter Dragon Boat Club will implement for Level B and Level C of the AIS Framework.

Newcastle Hunter Dragon Boat Club will transition to the training activity and facility use as outlined in Level C of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework as advised by DBNSW, AND, until this advice is reviewed or changed by DBNSW.

### 4.1 Roadmap to a COVIDSafe Australia

Newcastle Hunter Dragon Boat Club will also comply with the Australian government's <u>Roadmap to a COVIDSafe Australia</u>, which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A:  Training in no more than pairs.  Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1:  No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m²).	Step 3:  Venues allowed to operate with up to 100 people with physical distancing.  Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

### 5. Recovery

When public health officials determine that the outbreak has ended in the local community, NHDBC will consult with DBNSW, and relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. NHDBC will also consider which protocols can remain to optimise good public and participant health.

At this time the Board of DBNSW will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems. Newcastle Hunter Dragon Boat Club will then undertake its own review to ensure fidelity with DBNSW plans and systems.

# **Appendix: Outline of Return to Sport Arrangements**

## Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<ul> <li>The club must have the following approvals to allow a return to training at Level B:</li> <li>State/Territory Government approval of the resumption of community sport.</li> <li>Relaxation of public gathering restrictions to enable training to occur.</li> <li>DBNSW approval of return to training for community sport.</li> <li>Newcastle Rowing Club (facility lease) approval to recommence training at venue, if required.</li> <li>The Club Board of Management (BOM) approval for The Club to return to training.</li> <li>Confirmation that insurance arrangements will cover Level B training.</li> </ul>	<ul> <li>The Club must have the following approvals to allow a return to training at Level C:</li> <li>State Government approval for the resumption of community sport</li> <li>Relaxation of public gathering restrictions to enable training to occur.</li> <li>DBNSW approval to return to training/competition for community sport.</li> <li>Newcastle Rowing Club (facility lease) approval to recommence training at the venue, if required.</li> <li>The Club Board of Management (BOM) approval for The Club to return to training.</li> <li>Confirmation that insurance arrangements will cover Level C training.</li> </ul>
Training Processes	<ul> <li>Newcastle Hunter Dragon Boat Club Level B training procedures are as follows:</li> <li>NHDBC fully endorses the AIS Framework principle of "Get in, train, get out" – arrive ready to train.</li> <li>The Club will utilise the DBNSW COVID safety checklist to guide decision -making &amp; procedures.</li> <li>Coaches will send a Teamer/RevSport invite seeking a limited number of paddlers to register for each training session. Numbers being limited to five paddlers and one sweep per boat. The coach will confirm again by Teamer/RevSport which paddlers' registrations have been</li> </ul>	<ul> <li>Newcastle Hunter Dragon Boat Club Level C training procedures are as follows:</li> <li>NHDBC fully endorses the AIS Framework principle of "Get in, train, get out" – arrive ready to train.</li> <li>The Club will utilise the DBNSW COVID safety checklist to guide decision -making &amp; procedures.</li> <li>Coaches will send a Teamer/RevSport invite seeking a limited number of paddlers to register for each training session. Numbers being limited to twenty (20) paddlers including the sweep and trainer per boat. The coach will confirm again by Teamer/RevSport which paddlers'</li> </ul>

- successful.
- Only those members invited to attend training session may attend that session.
- Paddlers registered to attend a specified session should make every effort to attend that session to avoid it being cancelled due to insufficient paddlers. The coach should be contacted directly if circumstances change.
- Members may elect to be placed on a wait list to attend a paddle at short notice if a cancellation is received by the coach.
- Coaches will arrange for six members to arrive 10-15 minutes prior to the training session to set up boat(s). A maximum of six paddlers will be permitted in the shed to unload & reload get the boat(s).
- The maximum number of paddlers permitted in the shed at any one time is eight.
- Members who arrive early, they must wait in their cars (or away from the boatshed if on foot or bicycle) until 'warm up' is ready to commence.
- Upon arrival paddlers must sanitize their hands at the 'Sanitize Station' located at the entrance to the boat shed, and ensure they comply with the requirement to train. (This written information will be displayed above the Sanitizing Station and include a list of symptoms to be aware of and those which must be reported.
- Coaches will be responsible for completing the attendance register and documenting anyone reporting symptoms and confirming that they do not meet any of the exclusion criteria via the Safe365 app, which provides paddlers details and photo to DBNSW.
- Members will use an enclosed bag to carry their clothing and equipment (other than their paddle) to minimise accidental contact with other paddlers. There is to be no sharing of personal items/equipment.
- Drink bottles must be labelled with the paddlers name and should not be handled by anyone other than the owner.
- At all times paddlers must maintain a distance of 4 square metres per person and physical distancing (>1.5 metres).
- "Warm up" will be conducted maintaining social distancing.
- Members who require the use of a club paddle must be responsible for the sanitizing of the paddle after use.

- registrations have been successful to avoid more paddlers than necessary congregating.
- Only those members invited to attend training session may attend that session.
- Only paddlers registered to attend a specified session should attend to avoid unnecessary physical contact and congestion.
- Members may elect to be placed on a wait list to attend a paddle at short notice if a cancellation is received by the coach.
- Coaches will arrange for six members to arrive 15 minutes prior to the training session to set up boat(s). A maximum of six paddlers will be permitted in the shed to unload & reload get the boat(s).
- The maximum number of paddlers permitted in the shed at any one time is eight.
- Members who arrive early, they must wait in their cars (or away from the boatshed if on foot or bicycle) until 'warm up' is ready to commence.
- Upon arrival paddlers must sanitize their hands at the 'Sanitize Station' located at the entrance to the boat shed and ensure they comply with the requirement to train. (This written information will be displayed above the Sanitizing Station and include a list of symptoms to be aware of and those which must be reported)
- Coaches will be responsible for completing the attendance register and documenting anyone reporting symptoms and confirming that they do not meet any of the exclusion criteria via the Safe365 app, which provides paddlers details and photo to DBNSW.
- Members will use an enclosed bag to carry their clothing and equipment (other than their paddle) to minimise accidental contact with other paddlers. There is to be no sharing of personal items/equipment.
- Those paddlers requiring the use of a Personal Flotation Device (PFD) will be loaned a PFD by The Club.
- Drink bottles must be labelled with the paddlers name and should not be handled by anyone other than the owner.
- "Warm up" will be conducted maintaining social distancing.
- Members who require the use of a club paddle must be responsible for the sanitizing of the paddle after use.
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- Coaches will be responsible for completing the attendance register & document anyone reporting symptoms.
- Coaches & Sweeps are responsible for ensuring paddlers are seated in boats to allow for physical distancing of >1.5 metres as per the boat seating configuration requirements in Appendix 1.
- Where paddlers are of the same household, paddlers may share a boat bench and the maximum number of paddlers can increase, while still maintaining the boat seating configuration in Appendix 1

#### **AFTER TRAINING**

- Members will sanitise their hands before signing out.
- Paddlers who are not directly involved in cleaning & returning the boat to the shed must leave immediately after the training session ends.
- After the training session has been completed & the boats cleaned, they must be sanitised with solution -not less than 60% alcohol base – and wiped down with re-useable cloths. The sanitisation of the boats will include the gunnels & upper exterior of the boat, as well as the interior seats, walls and hand grips. Equipment attached to the boats such as lighting, sweep's oar and bailer must all be wiped with sanitiser.
- Re-useable cloths will be placed in a container (with lid) and washed in no less than 60 degree washing cycle before being returned for use.
- All surfaces common & frequently used/touched surface areas in the shed will be wiped down with sanitiser after the boat(s) have been secured in the shed & before lock-up is completed. Alcohol wipes will be available as a back -up if cleaning cloths are not available.
- A roster will be developed by coaches/trainers for each squad to launder & return the cleaning cloths for each boat at each session.
- The COVID officer is ensuring the photo of members who attended the training session is uploaded & sent to DBNSW.

document anyone reporting symptoms.

 Coaches & Sweeps are responsible for ensuring paddlers are seated in boats to allow for as much physical distancing as possible.

#### **AFTER TRAINING**

- Members will sanitise their hands before signing out.
- Paddlers who are not directly involved in cleaning & returning the boat to the shed must leave immediately after the training session ends.
- After the training session has been completed & the boats cleaned, they must be sanitised with solution -not less than 60% alcohol base – and wiped down with re-useable cloths. The sanitisation of the boats will include the gunnels & upper exterior of the boat, as well as the interior seats, walls and hand grips. Equipment attached to the boats such as lighting, sweep's oar and bailer must all be wiped with sanitiser.
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- A roster will be developed by coaches/trainers for each squad to launder & return the cleaning cloths for each boat at each session.
- The COVID officer is ensuring the photo of members who attended the training session is uploaded & sent to DBNSW.

#### Personal health

Newcastle Hunter Dragon Boat Club will prioritise personal health through the following protocols:

- Paddlers will assume responsibility for & prioritise their own individual health needs. This may involve negotiating with coaches/trainers a graded return to paddling.
- Members will be advised & reminded through Teamer Rev/Sport not to attend training if unwell (including any signs/symptoms of

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- Paddlers will assume responsibility for & prioritise their own individual health needs. This may involve negotiating with coaches/trainers a graded return to paddling.
- Members will be advised & reminded through Teamer Rev/Sport not to attend training if unwell (including any signs/symptoms of

- cold, flu, COVID-19 or other illness). Members who experience any of these symptoms will be advised they should be tested for COVID-19 and have a negative result before returning to paddle.
- Paddlers will be required to wash or sanitise their hands before and after paddling.
- Physical greetings (hand shaking or hugging) are discouraged at training.
- Members are asked to maintain good personal hygiene both on &
   off the water by sneezing into their elbow & blowing their nose into
   and tissue and disposing of the tissue immediately, followed by
   sanitising their hands or by washing their hands with soap for a
   minimum of 20 seconds.
- Members will take with them any rubbish they have produced during the training session.
- Members who have been diagnosed with COVID-19 and have paddled are to contact the COVID Safety Officer.
- Members are not to return to training for at least 21days from date of diagnosis.

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- Members will take with them any rubbish they have produced during the training session.
- Members who are diagnosed with COVID-19 after paddling are to contact the COVID Safety Officer.
- Members are not to return to training for at least 21days from date of diagnosis.

#### Hygiene

Newcastle Hunter Dragon Boat Club Level B training procedures are as follows:

- NHDBC fully endorses the AIS Framework principle of "Get in, train, get out" arrive ready to train.
- The Club will utilise the DBNSW COVID safety checklist to guide decision -making & procedures.
- Coaches will send a Teamer/RevSport invite seeking a limited number of paddlers to register for each training session. Numbers being limited to five paddlers and one sweep per boat. The coach will confirm again by Teamer/RevSport which paddlers' registrations have been successful.
- Only those members invited to attend training session may attend that session.
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- NHDBC fully endorses the AIS Framework principle of "Get in, train, get out" – arrive ready to train.
- The Club will utilise the DBNSW COVID safety checklist to guide decision -making & procedures.
- Coaches will send a Teamer/RevSport invite seeking a limited number of twenty (20) people including sweep and trainer to register for each training session. The coach will confirm again by Teamer/RevSport which paddlers' registrations have been successful.
- Only those members invited to attend training session may attend that session.
- Paddlers registered to attend a specified session should make every effort to attend that session. The coach should be contacted directly if circumstances change.
- Members may elect to be placed on a wait list to attend a paddle at

- circumstances change.
- Members may elect to be placed on a wait list to attend a paddle at short notice, if a cancellation is received by the coach.
- Coaches will arrange for six members to arrive 10-15 minutes prior to the training session to set up boat(s). A maximum of six paddlers will be permitted in the shed to unload & reload get the boat(s).
- The maximum number of paddlers permitted in the shed at any one time is eight.
- Members who arrive early, they must wait in their cars (or away from the boatshed if on foot or bicycle) until 'warm up' is ready to commence.
- Upon arrival paddlers must sanitize their hands at the 'Sanitize Station' located at the entrance to the boat shed. and ensure they comply with the requirement to train. (This written information will be displayed above the Sanitizing Station and include a list of symptoms to be aware of and those which must be reported)
- The coach or sweep will use the Safe365 app to "sign in" paddlers which will require paddlers to confirm that they do not meet any of the exclusion criteria and will record contact details.
- Members will use an enclosed bag to carry their clothing and equipment (other than their paddle) to minimise accidental contact with other paddlers. There is to be no sharing of personal items/equipment.
- Drink bottles must be labelled with the paddlers name and should not be handled by anyone other than the owner.
- At all times paddlers must maintain a distance of 4 square metres per person and physical distancing (>1.5 metres).
- "Warm up" will be conducted maintaining social distancing.
- Members who require the use of a club paddle must be responsible for the sanitizing of the paddle after use.
- Coaches will be responsible for completing the attendance register & document anyone reporting symptoms.
- Coaches & Sweeps are responsible for ensuring paddlers are seated in boats to allow for physical distancing of >1.5 metres.

#### AFTER TRAINING

• Paddlers who are not directly involved in cleaning & returning the boat to the shed must leave immediately after the training session ends.

- short notice, if a cancellation is received by the coach.
- Coaches will arrange for six members to arrive 15 minutes prior to the training session to set up boat(s). A maximum of six paddlers will be permitted in the shed to unload & reload get the boat(s).
- The maximum number of paddlers permitted in the shed at any one time is eight. Outside of shed the numbers of paddlers permitted cannot exceed 100 people with 4 square metres per person and physical distancing (>1.5 metres).
- practising social distancing of 1.5m
- Members who arrive early, they must wait in their cars (or away from the boatshed if on foot or bicycle) until 'warm up' is ready to commence.
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- Members will use an enclosed bag to carry their clothing and equipment (other than their paddle) to minimise accidental contact with other paddlers. There is to be no sharing of personal items/equipment.
- Drink bottles must be labelled with the paddlers name and should not be handled by anyone other than the owner.
- Apart from when they are in the boat, paddlers must maintain a distance of 4 square metres per person and physical distancing (>1.5 metres).
- "Warm up" will be conducted maintaining social distancing.
- Members who require the use of a club paddle must be responsible for the sanitizing of the paddle after use.
- Coaches will be responsible for completing the attendance register & document anyone reporting symptoms.
- Coaches & Sweeps are responsible for ensuring paddlers are seated in boats to allow for maximum physical distancing in relation to numbers.

- After the training session has been completed & the boats cleaned, they must be sanitised with solution -not less than 60% alcohol base – and wiped down with re-useable cloths. The sanitisation of the boats will include the gunnels & upper exterior of the boat, as well as the interior seats, walls and hand grips. Equipment attached to the boats such as lighting, sweep's oar and bailer must all be wiped with sanitiser.
- Re-useable cleaning cloths will be placed in a container (with lid) and washed in no less than 60 degree washing cycle before being returned for use.
- All surfaces common & frequently used/touched surface areas in the shed will be wiped down with sanitiser after the boat(s) have been secured in the shed & before lock-up is completed. Alcohol wipes will be available as a back -up if cleaning cloths are not available.
- A roster will be developed by coaches/trainers for each squad to launder & return the cleaning cloths for each boat at each session.

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- A roster will be developed by coaches/trainers for each squad to launder & return the cleaning cloths for each boat at each session.

#### **Communications**

Newcastle Hunter Dragon Boat Club will adopt the following communication plan in communicating to players, coaches, and members.

- The Club will continue to communicate to its members via the Teamer Rev/Sport site &/or via email in relation to all matters regarding COVID-19 safety protocols & scheduled training sessions.
- Club members are encouraged to download and use the government COVID Safe app.
- The Club will promote good personal hygiene practices through hygiene routines conducted before, during and after training. Posters and information will be displayed at entry points to the shed, at the Sanitising Station and in the bathroom(s).
- Access to mental health & other support services will be displayed at optimal positions within the boatshed & local contact numbers provided.

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- Club members are encouraged to download and use the government COVID Safe app.
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- Access to mental health & other support services will be displayed at optimal positions within the boatshed & local contact numbers provided.

## Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	The Club must obtain the following approvals to allow use of club facilities at Level B:	The club must obtain the following approvals to allow use of club facilities at Level C:
	State Government approval of the resumption of facility operations at that level.	State Government approval of the resumption of facility operations at that level.
	Newcastle Rowing Club (facility lessee) approval to use the facility, if required.	Newcastle Rowing Club (facility lessee) approval to use the facility, if required.
	Newcastle Hunter Dragon Boat Board of Management (BOM) has approved plan for use of club facilities	Newcastle Hunter Dragon Boat Board of Management (BOM) has approved plan for use of club facilities
	Insurance arrangements confirmed to cover facility usage.	Insurance arrangements confirmed to cover facility usage.
Facilities	Newcastle Hunter Dragon Boat Club will implement the COVID safety plan as approved by DBNSW provides the following protocols for managing the Club's facilities under Level B restrictions:	Newcastle Hunter Dragon Boat Club will implement the COVID safety plan as approved by DBNSW provides the following protocols for managing the Club's facilities under Level C restrictions:
	Interaction with members of the Rowing Club using the facility will be minimised through sectioning off the ablutions area.	Interaction with members of the Rowing Club using the facility will be minimised through sectioning off the ablutions area.
	One toilet equipped with personal and surface sanitising products will be reserved for the exclusive use by The Club.	One toilet equipped with personal and surface sanitising products will be reserved for the exclusive use by The Club.
	No more than eight people observing social distancing will be permitted in the shed at any given time.	No more than eight people observing social distancing will be permitted in the shed at any given time.
	The 'Sanitising Station' will be located at the entrance of the facility to minimise the need for paddlers to enter the boat shed.	The 'Sanitising Station' will be located at the entrance of the facility to minimise the need for paddlers to enter the boat shed.
	Use of showers and change rooms will not be permitted.	Use of showers and change rooms will not be permitted.
	Hygiene and cleaning protocols detailed elsewhere will be followed.	Hygiene and cleaning protocols detailed elsewhere will be followed.
		Return to full use of Club facilities will be guided by
Facility access	Under the Newcastle Hunter Dragon Boat Club COVID safety plan access to the Club is limited as follows:	Under the Newcastle Hunter Dragon Boat Club COVID safety plan access to the Club is limited as follows:
	Members who have:	Members who have:

- Been diagnosed with COVID-19 and have not obtained a subsequent negative test.
- COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.
- Flu-like symptoms
- Travelled internationally in the previous 14 days.
- By health condition or age been classified/or assessed as in a highrisk group for COVID

Are not permitted in the boat shed or to mingle with other paddlers outside the boat shed.

- Members seeking entry to the boat shed must indicate that they do not meet any of the exclusion criteria by signing in on the provided form and including contact details.
- A poster outlining the exclusion criteria will be displayed at the 'Sanitising Station'.
- Only essential, identified participants will attend training sessions
- The number of socially distanced people permitted in the boat shed at any given time is eight (8).
- The number of people permitted to gather will not exceed the government allowance of twenty (20).

- Been diagnosed with COVID-19 and have not obtained a subsequent negative test.
- COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.
- Flu-like symptoms
- Travelled internationally in the previous 14 days.
- By health condition or age been classified/or assessed as in a highrisk group for COVID

Are not permitted in the boat shed or to mingle with other paddlers outside the boat shed.

- Members seeking entry to the boat shed must document that they do not meet any of the exclusion criteria via the Safe365 app, which provides paddlers details and photo to DBNSW.
- A poster outlining the exclusion criteria will be displayed at the 'Sanitising Station'.
- Only essential, identified participants will attend training sessions
- The number of socially distanced people permitted in the boat shed at any given time is eight (8).
- The number of people permitted to gather will not exceed the government allowance of one hundred (100).
- The Club does not anticipate running a regatta during Level C restrictions.

### Hygiene

The Newcastle Hunter Dragon Boat Club's hygiene protocols at The Club's will include:

- Hand sanitiser will be available at the 'Sanitising Station' located at the entrance to the facility (boat shed).
- One toilet will be designated for the exclusive use of NHDBC members
- Hand sanitiser and soap will be available in the facility hand basin.
- The toilet, hand basin, doorhandles will be sanitised before and after each training session.
- No equipment will be shared during a training session
- All Club equipment utilised by paddlers will be sanitised before storage.

The Newcastle Hunter Dragon Boat Club's hygiene protocols at The Club's will include:

- Hand sanitiser will be available at the 'Sanitising Station' located at the entrance to the facility (boat shed).
- One toilet will be designated for the exclusive use of NHDBC members
- Hand sanitiser and soap will be available in the facility hand basin.
- The toilet, hand basin, doorhandles will be sanitised before and after each training session.
- No equipment will be shared during a training session
- All Club equipment utilised by paddlers will be sanitised before storage.

	<ul> <li>Members will be encouraged to remain outside the facility (boatshed) as much as possible.</li> <li>Members who generate rubbish during the session will remove that rubbish for disposal at their home.</li> </ul>	Members will be encouraged to remain outside the facility (boatshed) as much as possible. Members who generate rubbish during the session will remove that rubbish for disposal at their home.
Management of unwell participants	<ul> <li>Newcastle Hunter Dragon Boat Club will implement the following protocols to manage unwell members at a club activity.</li> <li>A member identifying or displaying any symptoms of high temperature, dry cough, runny nose, headache, or other flu-like symptoms will be asked to leave training immediately &amp; consult of GP to undertake a test for COVID.</li> <li>Members will be advised immediately to self-isolate at home – not attend work or make contact with others - whilst awaiting test results.</li> <li>The COVID safe officer will make contact with the member to ensure they are safe and supported until test results are obtained.</li> <li>The COVID safe officer will notify the Department of Health.</li> <li>The COVID safe officer will facilitate reactive cleaning protocols as directed by the appropriate authority.</li> <li>The COVID safe officer will in consultation with the Board of Management (BOM) undertake a review of current procedures for preventing the spread of COVID-19.</li> </ul>	<ul> <li>Newcastle Hunter Dragon Boat Club will implement the following protocols to manage unwell members at a club activity.</li> <li>A member identifying or displaying any symptoms of high temperature, dry cough, runny nose, headache, or other flu-like symptoms will be asked to leave training immediately &amp; consult of GP to undertake a test for COVID.</li> <li>Members will be advised immediately to self-isolate at home – not attend work or make contact with others - whilst awaiting test results.</li> <li>The COVID safe officer will make contact with the member to ensure they are safe and supported until test results are obtained.</li> <li>The COVID safe officer will notify the Department of Health.</li> <li>The COVID safe officer will facilitate reactive cleaning protocols as directed by the appropriate authority.</li> <li>The COVID safe officer will in consultation with the Board of Management (BOM) undertake a review of current procedures for preventing the spread of COVID-19.</li> </ul>
Club responsibilities	<ul> <li>The Newcastle Hunter Dragon Boat Club Board of Management (BOM) will oversee:</li> <li>Provision and conduct of hygiene protocols as per the Plan.</li> <li>The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance using Safe365 app</li> <li>Coordination of Level B field and training operations.</li> <li>Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.</li> </ul>	<ul> <li>The Newcastle Hunter Dragon Boat Club Board of Management (BOM) will oversee:</li> <li>Provision and conduct of hygiene protocols as per the Plan.</li> <li>The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance using Safe365 app.</li> <li>Coordination of Level B field and training operations.</li> <li>Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.</li> </ul>